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Title: The Power of Gems

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Gems have powers. I  
found a very old  
manuscript that  
describes the powers  
in Gems.

Amethyst  
(purple):Psychic

Insight.Peace of  
mind. Eases stress.  
Helps lesson drinking  
and other addictions,  
Too-high sex drive,  
or feeling drained.  
Helps eyes and hair.

Citrine (yellow):

For clear thinking.  
Balancing mood  
swings. Relieving

Diamond (Powerful,  
highly evolved):

Mental clarity.  
Amplifies all other  
gems. Caution-brings  
more of what ever you  
think about (success,  
criticism, anger, luck,  
greed, love, etc).

Emerald (green):

Balance. Harmony.  
Stability. Growth.  
Also ancient poison  
antidote.

Ruby (red):

Intensifies  
sensuousness,  
courage, Passion,  
jealousy. Strengthens  
circulation and heart.

Saphire (blue):

Communication.  
Patience. Meditation.  
Helps ability to  
manifest historically  
healed delusions and  
fevers.  
Tourmaline  
(green/pink):

Balances body  
polarity. Quiets  
mind and nerves.  
Powerful. Measures  
radiation (note to self  
to find out what  
radiation is).  
Metals act as  
conductors of the  
Gems and is needed to  
guide the gem's power  
into the body.  
Gold:

Highest energy  
conductor. Very  
healing. Energy  
excellent for leaders  
and teachers.

Silver:

Also good conductor  
for gems. Also  
releases unwanted  
feelings and habits.

Copper:

Excellent conductor.  
Adds intensity.

Sooths arthritis and  
joints. Draws out  
toxins.